



# Access TIR

**DNA Activation** Training Course

by *Ariel Jaenisch F.*

June 20-21, 2026

Berlin

evolución  
**TIR**

Wellcome to **Access TIR -  
DNA Activation** training  
course.



## “A new Science will arise from your Heart”

We are living in a time of great change—have you noticed? Many people around the world are questioning the old ways and recalling their true purpose on this beautiful planet.

So, if this is the case for you, you are not alone. You may feel it in your body or at an energetic level—perhaps feeling constantly tired? Work might no longer make sense, old relationships can start to feel awkward and meditation is not enough. Let me tell you: it is all part of the same process of **Healing & Evolution**.

Hi! My name is **Ariel Jaenisch Ferrigno**. I am a body therapist and energy healer based in Northern Spain. For 17 years, I've dedicated myself to developing **TIR**, a groundbreaking method using **Sacred Geometry** as a **Biology/DNA enhancer**. I've designed this course to share with you an innovative approach that unifies **science** and **spirituality**.

Today, we know spirituality is no longer defined by being 'good', living isolated in the mountains, or seeking initiation into esoteric wisdom. Instead, this new spirituality, that I respectfully propose, is centered on **purpose**, **responsibility**, and **mindfulness** in daily life.

But achieving this requires a **real shift**, and I find these three keys essential:

1. Adopting a new vocabulary and knowledge.
2. Updating and upgrading your physical and energetic 'vehicles'—both need to be at their best to channel all this new information
3. A dedicated daily practice to sustain and expand your frequency as you step into your next evolutionary stage.

It's not magic, and it's not about more 'food for the mind' either. The science behind TIR involves photons, DNA, and Sacred Geometry. You may think of it as something challenging or difficult to understand, but the method itself is quite easy to learn and practice. Soon enough, you will find the specific coordinates that will put you on the right track—regardless of where you are on your journey.

**During the training, we'll explore:**

- The current planetary scenario and the energy upgrades affecting your DNA since 2012.
- Your body as an amazing machine designed for a unique experience of Love and expansion on Earth.
- Practical ways to close the current 3D experience and shift into an expansive 5D reality.
- TIR Protocols as powerful daily practices for spiritual awakening.

Every cell of your body is actually programmed to shine, containing dormant codes ready to:

- **Recall** your purpose.
- **Reconnect** with your true Self.
- **Guide** you on a journey of vitality, peace, and well-being.

This is very good news: **enlightenment is not just a metaphor!** Planet Earth is shifting into a new reality of higher frequency. Are you ready to evolve and awaken all your innate gifts?

In the following pages, you will find all the information about the training and how to confirm your participation.

Warm regards,

**Ariel Jaenisch Ferrigno**



“TIR gave us the foundations to walk the Path of the Heart, activate our Biology, and soar on our own spiritual journey.”



**Natalia Linares**



# Access TIR - DNA Activation

## Training course 2026 - Berlin

### Contents and benefits:

- Upgrade Your Toolkit: Dive into TIR Technology's full spectrum—fresh vocabulary and cutting-edge knowledge await.
- Biology Activation: Activate your entire body in just 10 minutes! With this practice you'll integrate the *Wisdom of the Four Elements* and new *Light Codes* (high-frequency energy imprints).
- Cycle of Evolution: A simple yet powerful practice to release judgments to easily integrate life's experiences.
- Meditations with Sacred Geometry: Align your *chakras*, reinforce your *Energetic System* and balance the energy of *Divine Feminine* and *Divine Masculine* within you.
- TIR Templates: To open new energy channels, clear obsolete cellular memory, and raise your frequency—allowing connection with your *Higher Self* and your *Original Design* (your DNA original blueprint).
- TIR Protocol: Teaches you how to apply TIR Templates to others, expanding your professional practice.

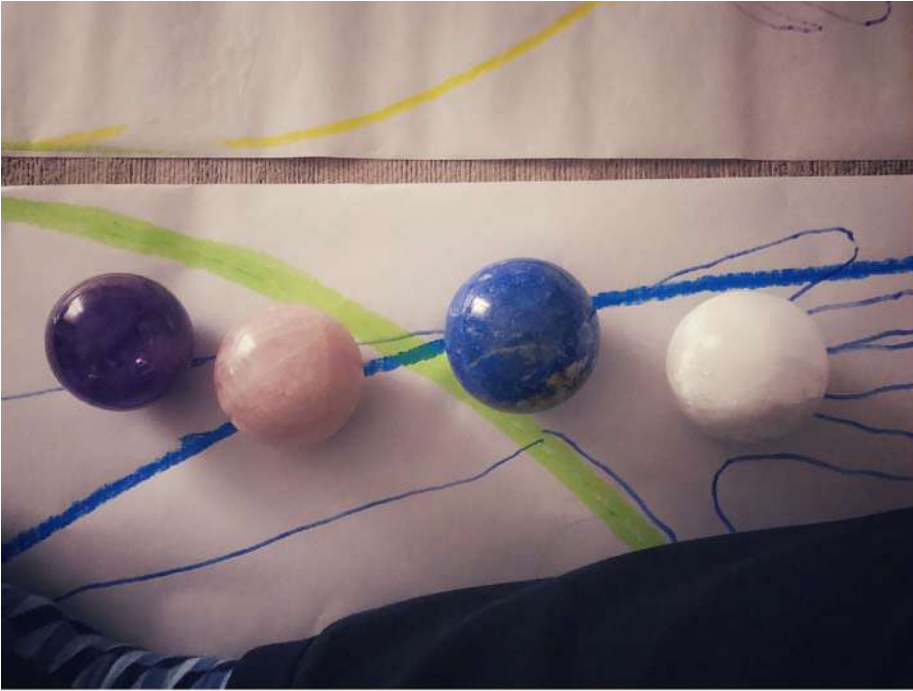
### Why join?

You'll *receive and experience* all this information firsthand.

The "Access TIR - DNA Activation" training course is designed for your **personal, spiritual, and professional evolution**. Whatever your starting point may be, the training will meet you exactly where you are.

### After the Training:

- You will have learned and experienced many new things—your **perception of your body** and the understanding of who you truly are will shift radically.
- You'll have **a powerful daily practice** to continue your personal and spiritual growth independently.
- You'll gain **an innovative tool** to share with loved ones and clients alike.
- Plus, you'll be part of a growing community of TIR practitioners.



“Visualizing, organizing,  
and calming the  
information we perceive  
to access  
what we truly need.”



**Elina Rodríguez**



# General information

## Dates:

June 20-21, 2026, from 9 am to 6 pm

## Venue:

Zentrum Hagelberger Strasse (Hagelberger Strasse 12, 10963, Berlin)

## The course includes:

- Full training sessions on Saturday and Sunday.
- A full-color dossier with step-by-step instructions for all TIR Protocols.
- Coffee breaks during the course (other meals not included)
- Access to a private WhatsApp group for Q&A and sharing experiences after the training.

## Investment:

- **Early Bird:** 450€ (until June 1)
- **Regular Price:** 490€

## How to enroll successfully:

1. Fill [this form](#)
2. Complete your payment to join
  - **Bank Transfer** only: EU Account - Spain
  - **IBAN:** ES66 0182 5297 2802 0254 5029
  - **SWIFT/BIC:** BBVAESMM
  - **Beneficiary:** Ariel Jaenisch Ferrigno
  - **Address:** Benasque (22469), Spain
  - **Reference / Concept:** TIR Berlin + [Your Full Name]

## Cancellation Policy

In the event of a no-show for the training course, the total registration fee remains due and non-refundable.

## Notes:

- No prior experience is required to take the course.
- **Spaces are limited** to ensure personalized attention for each participant.
- Recommended for anyone seeking **personal and professional growth**, especially holistic therapists, meditators, channelers and energy healers.
- Not suitable for pregnant individuals or those with limited mobility.

## Contact information

If you have any questions, please do not hesitate to contact me (Ariel):

- **Phone/WhatsApp:** +34 664 572 912
- **Email:** [coordinaciontir@gmail.com](mailto:coordinaciontir@gmail.com)

Thank you for interest in TIR.

I look forward to seeing you soon...



**Ariel Jaenisch Ferrigno**  
[@evoluciontir](https://www.instagram.com/evoluciontir)  
[www.evoluciontir.com](http://www.evoluciontir.com)



# Let me tell you more about me:

## Ariel Jaenisch Ferrigno

I am a holistic therapist, massage practitioner, energy healer, communicator, Yoga & Conscious Breathing instructor. I am also a dancer, choreographer, performer and digital artist.

With over 25 years of experience, I've dedicated my life to exploring the body through an integrative lens—bridging **science, art, and spirituality**. This unique journey led me to create the **T.I.R. Method, a Portal of Unified Knowledge**, an unexpected gift that transformed my life with its profound depth and beauty.

I'm the author of: "*All that you feed as a Boundary*", a guide to enter a new era of Knowledge, Technology and Spirituality, and the co-author of: "*A Transformational Journey: From Teaching to Listening*" for a **New Paradigm in Education**—a fresh perspective on what the new generations are here to reveal.

Through **courses, retreats, workshops** and **talks**, I share tools to cultivate **well-being** and an **evolved spirituality**, guiding people from all over the world to uncover hidden and beautiful corners within themselves.



## 5-Star Google Reviews!

*"TIR acts as an inner activator, an invitation to vibrate in Love. Ariel is an exceptional facilitator, with great human quality, who knew how to guide me with precision and depth to the most essential corners of my Being, to rediscover Unity."*

— **Diana López**

*"An incredible experience that's impossible to understand unless you live it. Never has a "thank you" felt so inadequate to express my gratitude for you sharing this information."*

— **Ángel Moreno**

*"Great help in understanding and using our own Technology as human beings, allowing us to realize that we have no limits if we know how to update ourselves."*

— **Luz Fuentes**

*"Ariel explains everything with clarity, especially for beginners. His workshop inspired me to meditate regularly. I'm now grateful to use breathwork as a tool for self-discovery, alignment, and energy."*

— **Glorya Espinoza**

*"TIR has been a revelation for me, a new path of spiritual development that I am starting to walk with great eagerness to keep growing."*

— **Laura Diaz**